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Top 15 Coaches In Zurich In 2025

Zurich runs like a Swiss watch—but it goes far beyond that image. Yes, it's a financial hub, but it's also a city that thinks, creates, and cares. With its spotless streets, crystal-clear lakes, and architecture that balances history and modernity, Zurich reflects the character of its people: reserved yet warm, pragmatic yet curious, precise yet deeply human. This is not only a place where global strategies are crafted or cutting-edge technologies are developed; it's also a space where people reflect on purpose, mental health, conscious leadership, and new ways of defining success. In a city where excellence is the standard, more and more individuals—from executives to professionals in transition—are seeking support to redefine what it means to move forward. Zurich, with its international and high-performing community, has also nurtured a thriving ecosystem of top-level coaches. These are professionals who guide real transformation: from career decisions to personal challenges, from emotional regulation to complete reinvention. Coaches who understand the city's pace, but also the weight of its silences and the power of listening. In this article, we've brought together the best coaches in Zurich in 2025. Each one brings a unique perspective, combining experience, sensitivity, and tangible results. If you're at a moment of change, growth, or searching for something more, here you'll find someone ready to walk that next stretch with you. So, without further delay, here are the *Top 15 Coaches In Zurich in 2025* that you can contact right now:

Adelina Stefan



Adelina is a transformational coach with over 13 years of international experience guiding professionals and expats to design careers aligned with their talents, values, and well-being. With a solid track record in Switzerland and a unique intercultural sensitivity, she helps her clients navigate transitions, master interviews, redesign their professional profiles, and find purpose in every step of their journey.

Her approach combines coaching, employability strategy, personal agility, and a deep understanding of the global job market. Adelina not only empowers individuals to embrace change but also collaborates with companies to build more human, productive, and sustainable organizational cultures.

Ready to create your own professional roadmap? Connect with her on LinkedIn.

Anton Schumann



What if your life isn't bad... but it's not quite right either? Anton supports people through moments of change, doubt, or self-exploration with authenticity, depth, and zero judgment. His coaching is tailor-made: concrete, measurable, and purpose-driven. He doesn't push for change — he creates space for real choices and genuine self-trust to emerge.

For those who are tired of their own excuses, drained of energy, or stuck despite deep self-awareness. Even for the curious ones reading between the lines, who sense that maybe, just maybe, this is the moment to explore something new.

If any of this resonates with you, it might be time to learn more. Visit his LinkedIn profile and take the next step.

Arjanna van der Plas



Arjanna blends the best of design, awareness, and leadership to guide ambitious individuals toward a more authentic life and career. With a background that spans engineering, co-active coaching, teaching at Berkeley, and yoga practice, her approach is creative, deep, and profoundly human.

Her mission: to help leaders, entrepreneurs, and students recognize their impact, overcome mental blocks, and shape a life that truly inspires them.

If you're ready to discover your unique leadership style and learn to shine with charisma and clarity, the journey starts here. Visit her LinkedIn profile and take the first step toward your transformation.

Cécile Bastien



Cécile doesn't just inspire from the stage — she transforms lives through voice. Her story began with an accident that changed her face and challenged her identity, but it also sparked a powerful philosophy: not bouncing back, but bouncing forward. That resilience shaped her into one of the most impactful voices in executive leadership and business communication.

Today, as founder of *Speak4Impact™*, Cécile helps top-level leaders — from Forbes 500 executives to scale-up founders — turn their results into narratives that captivate boardrooms, investors, and large audiences.

Ready to go from competent to unforgettable? Visit her LinkedIn profile and start crafting your story of impact.

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David Perry



David understands the tech world like few others: its relentless pace, its invisible challenges, and the constant pressure to perform without pause. With over 20 years of experience in Silicon Valley and Switzerland, he's made it his mission to help tech leaders rediscover purpose, clarity, and balance in their lives.

His coaching is tailored for logical minds, yet rooted in deep humanity. David doesn't just support professional transformation — he's there in times of personal crisis, burnout, or when something just feels out of sync with what truly matters.

If you feel like you're living on autopilot and know it's time to take back control, David can help you redesign your path with intention. Get to know him through his LinkedIn profile and take that first step toward a more meaningful life.

Julia Straschil



Julia masterfully bridges two worlds: global branding and human development. As part of Playmobil's executive team, she leads global initiatives in marketing, innovation, and sustainability, energizing and guiding over 140 people worldwide.

But beyond business, Julia is also an executive leadership coach. Her sensitivity, intuition, and commitment to growth make each coaching process a journey of deep transformation. She supports leaders who are ready to move forward, overcome challenges, and reconnect with their purpose through authentic, conscious leadership.

Looking for someone who understands both the pace of major corporations and the needs of the soul? Learn more about Julia by visiting her LinkedIn profile.

Katia Vlachos



Katia is a reinvention coach and bestselling author of Uncaged: A Good Girl's Journey to Reinvention. She primarily supports accomplished, high-achieving women navigating transitions in their careers, relationships, or identities. Katia guides her clients to break free from the invisible cages of "good girl" conditioning, empowering them to reconnect with their inner authority and boldly pursue their aspirations in the next chapter of their lives.

Her work goes beyond personal transformation—it's about reclaiming one's voice, worth, and right to fully occupy their space. Because when women unlearn the rules that kept them small, they don't just change their own lives; they change the world.

Visit Katia's LinkedIn profile to get a closer look at how she can help you.

Mattia Bütikofer



Mattia is a Swiss expert in social media strategy, event moderation, and training in networking and LinkedIn. With over a decade of experience — including his role as former Head of Social Media at *20 Minuten* — Mattia advises companies and professionals on how to communicate authentically, engage their audience, and stay relevant in the digital world.

As a trainer and coach, he supports teams in implementing effective strategies, building a strong LinkedIn presence, and enhancing their presentation skills. He's also a charismatic and dynamic moderator, with a keen ability to read the room and adapt his style with agility.

Want to communicate better, lead with more connection, or build a powerful network? Learn more on his LinkedIn profile.

Merada Richter



Merada is a life and leadership coach specializing in the professional development of leaders and professionals in the tech sector. With a solid background as a software engineer and engineering manager, she blends logical thinking with creativity to support clients during key personal and professional transitions.

She offers practical tools to manage conflict, make effective decisions, handle stress, and boost both intuition and performance. With experience leading technical teams and facilitating organizational workshops, Merada now supports leaders seeking to grow with purpose, clarity, and self-confidence.

To discover why Merada has been recognized as one of the Top Coaches in Zurich in 2025, we invite you to explore her LinkedIn profile.

Nadine Sadecky



Nadine is a Life & Finance Coach passionate about guiding people—especially women—through personal transformation and financial empowerment. After a successful career in banking and financial planning, she left behind corporate security to follow her true calling: supporting others in a more holistic and meaningful way.

As the founder of *Holistic Flow*, she combines life coaching, financial guidance, and well-being with an integrative approach that touches on relationships, career, body, soul, and money. Her mission is clear: to facilitate lasting positive change and make financial education more accessible, clear, and empowering, particularly for women.

Connect with Nadine on LinkedIn to discover why she's been recognized as one of the top coaches in Zurich in 2025.

Natalya Tarasova



Natalya is not just a coach — she's a guide for those navigating the crossroads of technology, leadership, and personal transformation. An engineer by training and an explorer at heart, her professional journey has taken her from Japan to Silicon Valley, always driven by curiosity, creativity, and a deep desire to understand what fuels human growth.

Now based in Zurich, she supports tech leaders and professionals in making conscious decisions, leading with authenticity, and reconnecting with their creative energy. Are you at a turning point? Do you feel your career needs a new direction, or that a more authentic kind of leadership is calling you?

Visit her LinkedIn profile to learn more about her transformative work.

Philip Sorg



What if you could unlock all that potential inside you that hasn't fully unfolded yet? Philip makes that possible. As a Mental and Business Coach, he guides professionals and leaders in overcoming mental blocks, strengthening resilience, and finding clarity amid the noise.

Philip doesn't offer one-size-fits-all solutions — his coaching is a personalized experience that invites you to lead with emotional intelligence, communicate with intention, and live with balance and enthusiasm. If it feels like the right time to redirect your professional path, recharge your energy, or simply get to know yourself better, his guidance could make all the difference.

Ready to take the first step toward a more focused and empowered version of yourself? Discover more on his LinkedIn profile.

Pia Eggimann



In a world that demands so much from women — as leaders, professionals, and mothers, Pia offers a safe and transformative space to reconnect with what truly matters: your authenticity, values, and inner strength. Through a deeply human approach, where nature, emotional intelligence, and positive leadership come together, Pia supports ambitious women in leading with clarity, confidence, and purpose.

Her coaching doesn't just invite you to think — it invites you to feel, move, and act from a new level of awareness. From outdoor sessions to group programs, every encounter with Pia is a chance to grow with joy and lightness, without giving up on ambition or tenderness.

Would you like to lead from your truth, with a vision that truly inspires you? Learn more about her journey and connect with her on LinkedIn.

Rachael Des Lauries



Imagine having an inner compass that guides you with clarity through the fog of your professional life. That's what Rachael offers: a powerful, human, and deeply transformative space for those who feel torn between the safe path and the call of the unknown.

Her coaching isn't just about moving forward — it's about *how* you move: with awareness, authenticity, and purpose. Rachael blends accredited tools with a remarkable ability to help you see what you hadn't dared to face. The result: bold decisions, intentional action, and a version of yourself that's ready to shine.

Ready to step into a career that feels truly yours? Discover more on LinkedIn and start walking your new path.

Sandra Künzler



Sandra doesn't work with mere managers — she works with leaders who strive to make a real difference. Her approach blends the precision of high-performance sports with the sensitivity of human-centered leadership. With over 15 years of experience in demanding industries and a strong background in psychology, neuroscience, and mental coaching, Sandra supports those who seek more than just results — they seek fulfillment, alignment, and purpose.

Her coaching is designed for those ready to unlock their potential, overcome limiting beliefs, and reach a state of flow where performance and well-being coexist. Sandra doesn't impose external goals — she guides you to rediscover what truly matters and lead from that place, with authenticity, calm, and inner strength.

If you're ready to become the best version of yourself, visit her LinkedIn profile and begin the journey with a true expert.

We hope you enjoy the top 15 coaches in Zurich in 2025!

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